

ITEM #3660  
B52559 17J



*Timed Release*

# ONE

**Multivitamin/Mineral Formula**  
**Supports Heart & Immune Health\***

ACTUAL  
SIZE

*Dietary Supplement*  
**30 TABLETS**



Serving Size 1 Tablet

Amount Per Serving	%Daily Value	
Vitamin A (as Retinyl Palmitate and Beta-Carotene)	5,000 IU	100%
Vitamin C (as Ascorbic Acid)	120 mg	200%
Vitamin D (as D3 Cholecalciferol)	2,000 IU	500%
Vitamin E (as d-Alpha Tocopheryl Acetate)	30 IU	100%
Thiamin (Vitamin B-1) (as Thiamin Hydrochloride)	10 mg	667%
Riboflavin (Vitamin B-2)	10 mg	588%
Niacin (as Niacinamide)	25 mg	125%
Vitamin B-6 (as Pyridoxine Hydrochloride)	10 mg	500%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	250 mcg	4,167%
Biotin (as d-Biotin)	300 mcg	100%
Pantothenic Acid (as d-Calcium Pantothenate)	10 mg	100%
Calcium (as Calcium Carbonate)	50 mg	5%

### Supplement Facts

Amount Per Serving	%Daily Value	
Iron (as Ferrous Fumarate)	18 mg	100%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	50 mg	13%
Zinc (as Zinc Sulfate)	15 mg	100%
Selenium (as Sodium Selenate)	200 mcg	286%
Copper (as Cupric Sulfate)	2 mg	100%
Manganese (as Manganese Sulfate)	2 mg	100%
Chromium (as Chromium Picolinate)	200 mcg	167%
Molybdenum (as Sodium Molybdate)	15 mcg	20%
Potassium (as Potassium Chloride)	1 mg	< 1%
Inositol	10 mg	**
Choline Bitartrate	10 mg	**

\*\*Daily Value not established.

**Other Ingredients:** Vegetable Cellulose. Contains <2% of: Brewer's Yeast, Citrus Bioflavonoids, Kelp, Rose Hips, Rutin, Silica, Titanium Dioxide Color, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

Contains wheat ingredients.

**No Milk or Milk Derivatives, No Lactose, No Egg, No Grapefruit, No Sugar, No Artificial Flavor.**

**WARNING:** Not intended for use by pregnant or nursing women. If you are taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Avoid this product if you are allergic to yeast. Discontinue use and consult your doctor if any adverse reactions occur. Store at room temperature. Do not use if seal under cap is broken or missing.

**Directions:** For adults, take one (1) tablet daily, preferably with a meal.

Specially formulated to provide a gradual release of vitamins and minerals over a prolonged period of time for maximum nutritional benefit.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

\*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured by

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